

BELIEVERS BIBLE FELLOWSHIP  
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THE MELANCHOLY PERSON  
Exodus 2:1-10

- The Weaknesses of Moses
- The Strengths of Moses



Moses

Key Verse: Hebrews 11:24-25 By faith Moses, when he was born, was hid three months of his parents, because they saw he was a proper child; and they were not afraid of the king's commandment: Choosing rather to suffer affliction with the people of God, than to enjoy the pleasures of sin for a season.

The Melancholy Person

STRENGTHS: Sensitive, Analytical, Gifted, Self-sacrificial, Loyal, Idealistic, Perfectionist

- One who excels in the fine arts with a vast appreciation for life's true values
- Creative thinker and at high emotional peaks will often launch into an invention or creative production that is worthwhile and wholesome
- Analytical and able to analyze situations in a few moments, pointing out potential problems that may be encountered in the process
- Perfectionist "*given to details*" and often relives events and decisions made in the past, thinking how much better he would do it if given another opportunity

Weaknesses: Self-centered, Moody, Negative, Anti-social, Critical, Rigid, Revengeful

- Self-centered and inclined to Self-Examination, Self-Contemplation
- Sensitive nature "*carries his feelings on his sleeve*"
- Prone to be suspicious, if two people are talking in hushed tones, he is almost certain to jump to the conclusion that they are talking about him
- Because of his Analytical and Perfectionist traits, he is prone to be Pessimistic
- Indecisive in decision-making, fearful of falling short of his perfectionist standard
- Critical and sees others through his magnifying glass of perfectionism; causing him to see an amplification of bad, instead of seeing the good

Moses the Melancholy Person

The Birth of Moses: Exodus 2-10 Moses means "*drawn forth*"

The 40 year phases of Moses' life: Moses died at the age of 120

- 40 years from his birth to his flight into Midian. Acts 7:23
- 40 years from Midian to the Exodus. Acts 7:29
- 40 years from the Exodus to his death. Deuteronomy 34:7

Moses Weakness: Self-Centered; Self-Depreciating; Moody

1. Moses' Self-Depreciating: A person filled with inordinate feeling of inferiority. A perfectionist is rarely satisfied with anything they do. Fear of rejection is common among the Melancholy Person: The dialogue between Moses and God

- Exodus 3:11 *"I don't have any talent"* (who am I) Moses depreciated his talent
- Exodus 3:12 Moses struggled with self even when God said *"I will be with you"*
- Exodus 3:13 *"I don't know Theology"* (what shall I say)
- Exodus 4:1 *"no one will receive me"* (they will not believe me)
- Exodus 4:10 *"I can't speak public"* (I am not eloquent)
- Exodus 4:13 *"I don't want to go"* (send someone else)

2. Moses' Anger: Repressed anger often stalks the Melancholy Person

- Exodus 16:20 Moses *"was wroth"* with Israel for their failure to obey
- Exodus 32:19 Moses *"anger waxed hot"* when returning with the tablets
- Numbers 20:1-6 Moses anger against the Lord
- Numbers 20:7-12 Moses anger led him not *"to speak but to smote the rock"*

Moses Strengths: Self-Sacrificing; Gifted, Loyal

1. Moses' Gifted: Learned in all the wisdom of the Egyptians

- Acts 7:22 Moses was mighty in words and in deeds

2. Moses' Self-Sacrificing:

- Hebrews 11:24 Refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God